

Services for Older People

Specialist Nurse Practitioners



The Shropshire Hills

Background

Documents and influences on the role

The Royal College of Psychiatrists (2002)

Caring for people who have entered old age
with enduring or relapsing mental illness
(graduates)

- Identify graduates
- Full re-assessment
- Care plan
- Care manager responsible
- Medical responsibility
- Appropriate accommodation

Multi-Agency (2004 & 2005)

New Ways of Working for Psychiatrists

- Psychiatrists not service gatekeepers
- Responsible for advice not everyone
- Non-medical staff taking on responsibility
- Single contact point for advice for GPs



Ludlow Castle

Nurse Practitioner Role (RCN 2002)

Makes professionally autonomous decisions, for which he or she is accountable

Receives patients with undifferentiated and undiagnosed problems and makes an assessment of their health care needs

Screens patients for disease risk factors and early signs of illness

Makes differential diagnosis using decision-making and problem-solving skills

Develops with the patient an ongoing nursing care plan for health, with an emphasis on preventative measures

Orders necessary investigations, and provides treatment and care both individually, as part of a team, and through referral to other agencies

Has a supportive role in helping people to manage and live with illness

Provides counselling and health education

Has the authority to admit or discharge patients from their caseload, and refer patients to other health care providers as appropriate

Works collaboratively with other health care professionals

Provides a leadership and consultancy function as required

Background Documents and influences on the role

RCN (2002)

Role of the Nurse Practitioner



Gosling at Ellesmere

Background

Documents and influences on the role

10 key roles for nurses CNO (2002)

- To order diagnostic investigations such as pathology tests
- To make and receive referrals
- To admit and discharge patients for specified conditions
- To manage patient caseloads
- To run clinics
- To prescribe medicines and treatments
- To carry out a wide range of resuscitation procedures
- To perform minor surgery and outpatient procedures
- To triage patients using the latest IT to the most appropriate health professional
- To take a lead in the way local health services are organised and in the way that they are run

CNO (2002)

10 Key Roles for Nurses



Bridgnorth Cliff Railway



Specialist Nurse Practitioners must:

- Be recorded as Specialist Practitioners with NMC
- Have extensive experience with older people
- Have extensive community experience
- Hold a nursing teaching qualification
- Be V300 Nurse Prescribers



Cardingmill Valley

Objectives

Baseline audit (transfers)

reported actual

- | | reported | actual |
|-------------------------------------|----------|--------|
| • Plan agreed by services | 71% | 38% |
| • Graduate involved in plan | 100% | 48% |
| • Services notified | 86% | 77% |
| • Graduates satisfied with transfer | | 57% |
| • Risk assessment completed | | 23% |

- Database
- Referral forms (Electronic & paper)
- Transfer process

Setup graduate service

Run nurse-led clinics

Qualify as nurse prescribers (V300)

Teaching

- University
- Conference
- In service

Raise the profile of the trust

- Website
- Conferences
- Articles

Single point of access –
triage all new referrals to service

Support colleagues & Primary Care



Poppies at Sherifhales

Current Role

- Supervise transfers from adult to older people's services
- Triage all new referrals from Primary Care to service
- Run outpatient clinics
- Assess & diagnose
- Medication management (V300 prescribers)
- Concordance plans
- Review of benefit entitlement
- Support for families
- Education: University, in-service & courses
- Raising the trust profile: website, conferences & articles
- Support for colleagues: Primary Care & CMHT
- Assess urgent referrals
- Act as Care Co-ordinator
- Suggest service improvements
- Policy and protocol development
- Encouraging a needs led service



Stokesay Castle

Where do Nurse Practitioners fit in to the service?

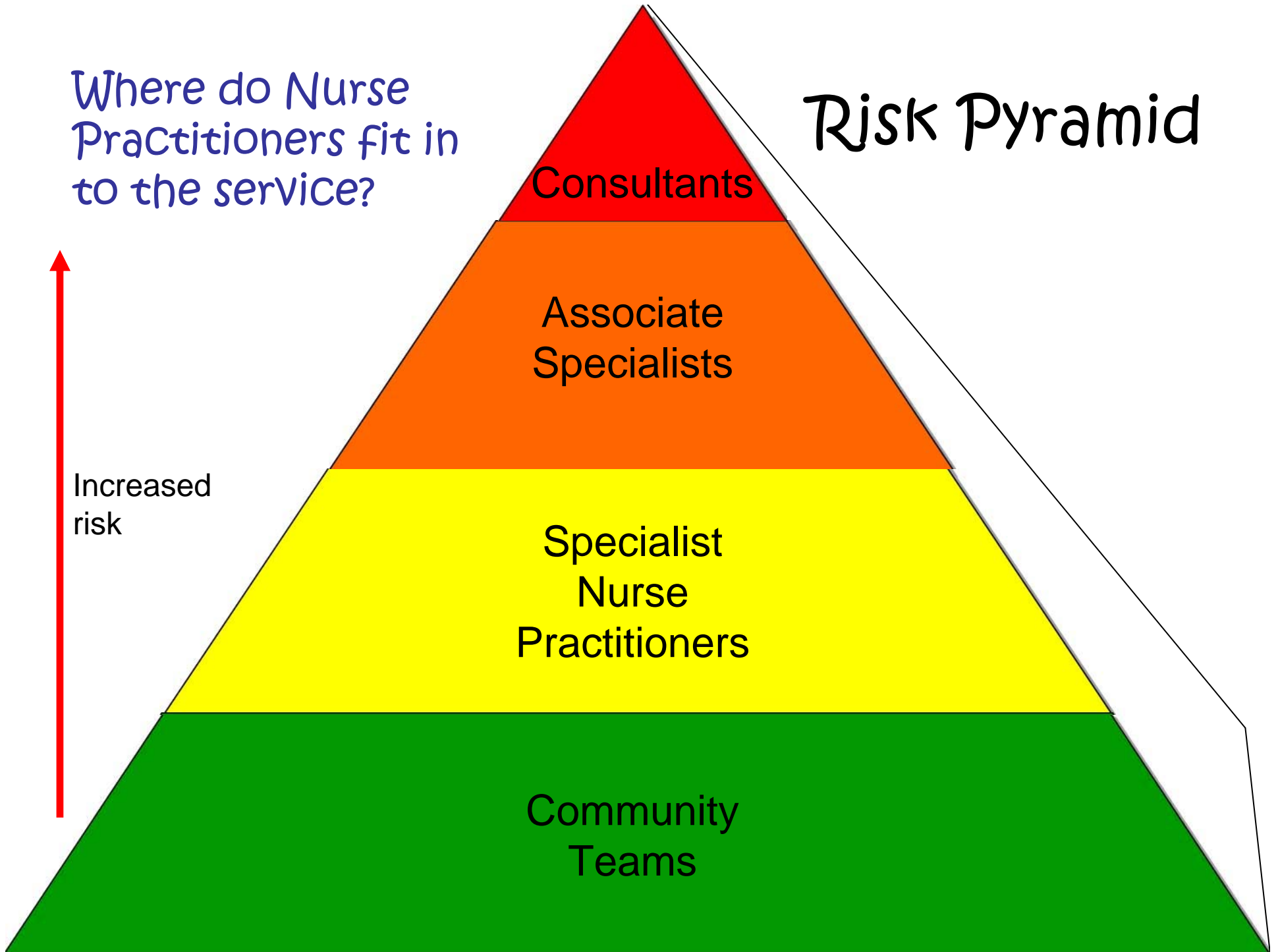
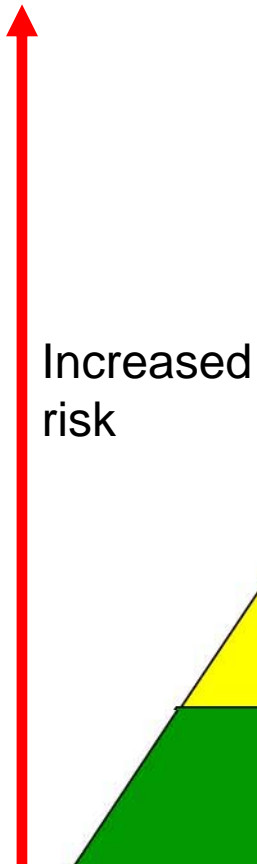
Risk Pyramid

Consultants

Associate Specialists

Specialist Nurse Practitioners

Community Teams



Achievements

- Successful graduate service
- Teaching (courses & university)
- Conferences (NIMHE, MHNA, RCP)
- Articles published
- Websites published
- Single point of access for service
- Very few re-admissions
- Promoting New Ways of Working (Domino effect on other workers)



Evidence? – *some feedback*

100% GPs found medication advice useful

83% of GPs felt NP support good (17% didn't remember!)

93% graduates said they were involved & agreed care plan

86% graduates felt nurse prescribing useful

“All (transfers) have been very smooth, (and) well planned”

“I think that the Nurse Practitioner has improved liaison between secondary and Primary care of the over 65s with severe and enduring mental health problems”

“I have been involved with the NHS psychiatric service for 40 years and consider the Nurse Practitioners a positive step forward....The Cinderella service has improved considerably...”

“I think this is an excellent service. I was very anxious about transferring but I have found it very reassuring to have. I only cope well knowing I have this contact”

Contact: sue.beach@sssft.nhs.uk (secretary)

T= 01743-255823 F = 01743-255821

Specialist Nurse Practitioners:

angela.hammond@sssft.nhs.uk

michael.hurt@sssft.nhs.uk

alison.marpole@sssft.nhs.uk